COVID Exit Strategy (www.covidexitstrategy.org), a non-partisan group of public health and crisis experts, has been tracking the progress states have made towards meeting the CDC recommended benchmarks states should reach before reopening their economies. On Monday, June 29th, only three states were meeting these metrics, earning a “Green” rating – down from six a week earlier. Currently, Illinois is meeting half of the benchmarks, and is rated “Red” by COVID Exit Strategy due to a 2-week trend of rising case numbers, a metric the group gives particular weight.

**CDC Benchmark: a 14-day decline in influenza-like illness**

The CDC recommends that states report a 14-day decline in influenza-like illness (“ILI”) before lifting restrictions. Illinois **HAS MET** this benchmark. ILI numbers for outpatient and Emergency Room (“ER”) visits are reported to the CDC weekly. Illinois reported a decrease in ILI from 373 to 250 between the week ending June 13th and the week ending June 27th.
**CDC Benchmark: declining COVID+**

The CDC recommends a state show a 14-day decline in documented cases of COVID-19 before reopening. Illinois has **NOT MET** this benchmark. COVID+ cases have been increasing slowly in the state over the last 14 days.

**CDC Benchmark: testing**

The CDC recommends a state show a downward trajectory for the percentage of COVID-19 tests that are positive before reopening. Illinois has **NOT MET** this benchmark. Test positivity has risen slightly in the state over the last 14 days.

**CDC Benchmark: hospital capacity**

The CDC recommends a state have sufficient hospital capacity to treat all patients without crisis care (20% capacity available over last 7 days). Illinois **HAS MET** this benchmark. The highest reported occupancy in the last week was 62% for inpatient beds and 54% for ICU beds.

**Recommendations**

Illinois is currently meeting 2 out of 4 the CDC benchmarks that Illinois PIRG has been tracking, but the recent increases in cases have been small so far. However, recent outbreaks in other states have shown that the virus can resurge at any time if businesses or consumers do not follow social distancing recommendations and other public health guidelines, such as wearing a mask in public spaces. Failure to do so could lead to new outbreaks, or even require a second lockdown.

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**NOTES AND CITATIONS**

- Photo Credit: Ketut Subiyanto, [www.Pexels.com](http://www.Pexels.com), Pexels attribution license.
- Color rating is based on the recommendations of COVID Exit Strategy. View current data at [www.covidexitstrategy.org](http://www.covidexitstrategy.org).
- CDC recommendations are derived from the CDC’s “Opening Up America Again” framework, and CDC guidance released on 5/19/2020.
- Data for ILI and hospital occupancy based on state reports to the CDC.
- Data for COVID+, test positivity, and hospital / ICU occupancy graph is derived from data collected by the COVID tracking project, at [www.covidtracking.com](http://www.covidtracking.com).
- We do not track CDC metrics related to total testing volume, reported symptoms of COVID-like illness, and PPE supply due to a lack of consistent standards and / or publicly available data.